

EXPERIENCE OF MATERNITY CARE

What is the survey about?

This is a survey about your recent experience of maternity care. Your views are very important in helping us find out how good the services are and how they can be improved. Please remember, this questionnaire is about your **most recent** pregnancy and birth at the NHS Hospital trust named in the accompanying letter.

Completing the questionnaire

If you agree to take part in the survey, please complete the questionnaire and send it back in the **FREEPOST** envelope provided.

For each question, please cross clearly inside one box using a black or blue pen. For some questions you will be instructed that you may cross more than one box. Sometimes you will find that the box you have crossed has an instruction to go to another question. By following the instructions carefully, you will miss out questions that do not apply to you.

Don't worry if you make a mistake; simply fill in the box and put a cross in the correct box.

If you cannot answer a question, or do not want to answer it, just leave it blank and go to the next question.

Taking part in this survey is voluntary. **Your answers will be treated in confidence.**

Questions or help?

If you have any queries about the questionnaire, please call our helpline number **[FREEPHONE]** **[HELPLINE NUMBER]** or email **[HELPLINE EMAIL]**.

DATES AND YOUR BABY

A1 Did you give birth to a single baby, twins or more in your most recent pregnancy?

- 1 A single baby
- 2 Twins
- 3 Triplets, quads or more

A2 Roughly how many weeks pregnant were you when your baby was born?

- 1 Before I was 37 weeks pregnant
- 2 When I was 37-39 weeks pregnant
- 3 When I was 40 or more weeks pregnant

CARE WHILE YOU WERE PREGNANT (ANTENATAL CARE)

The start of your care in pregnancy

B1 Who was the first health professional you saw or spoke to when you thought you were pregnant?

Please cross **X** in one box only.

- 1 GP / family doctor
- 2 Midwife
- 3 Other

B2 Roughly how many weeks pregnant were you when you first saw or spoke to this health professional about your pregnancy care?

- 1 When I was 0 to 6 weeks pregnant
- 2 When I was 7 to 12 weeks pregnant
- 3 When I was 13 or more weeks pregnant
- 4 Don't know / can't remember

B3 Were you offered a choice about where to have your baby?

Please cross **X** in all the boxes that apply to you.

- 3.3 1 Yes – a choice of hospitals
- 3.3 2 Yes – at home
- 3.3 3 Yes – other
- 0 4 No – I was not offered any choices
- 5 No – I had no choices due to medical reasons
- 6 No – I had limited choices due to coronavirus
- 7 Don't know / can't remember

B4 At the start of your care in pregnancy, did you feel that you were given enough information about coronavirus restrictions and any implications for your maternity care?

- 10 1 Yes, definitely
- 5 2 Yes, to some extent
- 0 3 No
- 4 Don't know / can't remember

B5 Did you get enough information from either a midwife or doctor to help you decide where to have your baby?

- 10 1 Yes, definitely
- 5 2 Yes, to some extent
- 0 3 No
- 4 Don't know / can't remember

Antenatal check-ups

A 'check-up' is any contact with a GP, doctor or midwife to check the progress of your pregnancy. When face-to-face they usually include having your blood pressure and urine checked. It is possible that some antenatal check-ups may have been by phone or video call due to coronavirus restrictions.

Do not include more specific appointments such as a visit to the hospital for a scan or a blood test only.

B6 At your antenatal check-ups, did you see or speak to the same midwife every time?

- 1 Yes
- 2 No
- 3 I did not see or speak to a midwife
- 4 Don't know / can't remember

B7 During your antenatal check-ups, did your midwives or doctor appear to be aware of your medical history?

- 10 1 Yes, always
- 5 2 Yes, sometimes
- 0 3 No
- 4 Don't know / can't remember

B8 During your antenatal check-ups, were you given enough time to ask questions or discuss your pregnancy?

- 10 1 Yes, always
- 5 2 Yes, sometimes
- 0 3 No
- 4 Don't know / can't remember

B9 During your antenatal check-ups, did your midwives listen to you?

- 10 1 Yes, always
- 5 2 Yes, sometimes
- 0 3 No
- 4 Don't know / can't remember

B10 During your antenatal check-ups, did your midwives ask you about your mental health?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ Don't know / can't remember

B11 How did your antenatal check-ups take place?

Please cross X in all the boxes that apply to you.

- 1 Face-to-face
2 By phone
3 By video call
4 Don't know / can't remember

During your pregnancy

B12 Were you given enough support for your mental health during your pregnancy?

- 10 ¹ Yes
0 ² No
-- ³ I did not want / need support
-- ⁴ Don't know / can't remember

B13 During your pregnancy, if you contacted a midwifery team, were you given the help you needed?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
0 ⁴ No, as I was not able to contact a midwifery team
-- ⁵ I did not contact a midwifery team

B14 Thinking about your antenatal care, were you spoken to in a way you could understand?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ Don't know / can't remember

B15 Thinking about your antenatal care, were you involved in decisions about your care?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ I did not want / need to be involved
-- ⁵ Don't know / can't remember

B16 During your pregnancy did midwives provide relevant information about feeding your baby?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ Don't know / can't remember

YOUR LABOUR AND THE BIRTH OF YOUR BABY

C1 Thinking about the birth of your baby, what type of birth did you have?

If you had twins or more than two babies this time, please think about the baby who was born first.

- 1 A vaginal birth (no forceps or ventouse suction cup)
→ Go to C3
2 An assisted vaginal birth (e.g. with forceps or ventouse suction cup)
→ Go to C3
3 A planned caesarean birth
→ Go to C2
4 An emergency caesarean birth
→ Go to C2

C2 Before your caesarean, did you go into labour?

A labour typically begins when you start to have contractions.

- 1 Yes
→ Go to C3
2 No
→ Go to C13
3 Don't know / can't remember
→ Go to C13

C3 At the start of your labour, did you feel that you were given appropriate advice and support when you contacted a midwife or the hospital?

- ¹ I did not contact a midwife / the hospital
10 ² Yes
0 ³ No

C4 During your labour, did staff help to create a more comfortable atmosphere for you in a way you wanted?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ Don't know / can't remember

C5 During your labour, what type of pain relief did you use?

Please cross X in all the boxes that apply to you.

- ¹ Natural methods (e.g. hypnosis, breathing, massage)
² Water / birthing pool
³ TENS machine (with pads on your back)
⁴ Gas and air (breathing through a mouthpiece or mask)
⁵ Injection of pethidine or a similar painkiller
⁶ Epidural (injection in your back, given by an anaesthetist)
⁷ Other
⁸ I did not use pain relief

C6 Did the pain relief you used change from what you had originally wanted (before you went into labour)?

If you did not use pain relief think about what you had originally wanted.

- ¹ Yes
→ Go to C7
² No
→ Go to C8
³ Don't know / can't remember
→ Go to C8

C7 Why did you not use the pain relief that you had originally wanted (before you went into labour)?

Please cross X in all the boxes that apply to you.

- ¹ For medical reasons
² I changed my mind
³ I did not need to use the pain relief I originally wanted
⁴ There was not time to use the pain relief I originally wanted
⁵ The original pain relief did not work
⁶ An anaesthetist was not available to provide my chosen pain relief
⁷ I am not sure why I could not have my choice of pain relief
⁸ Other

The birth of your baby

C8 Thinking about the birth of your baby, was your labour induced?

An induced labour normally happens at the hospital and is intended to help start labour. An induced labour is typically started by inserting a tablet or gel into the vagina. Induction does not include a membrane sweep procedure (a sweep of the cervix by a midwife during internal examination) or techniques to speed up active labour (e.g. breaking waters or an oxytocin drip).

- ¹ Yes
→ Go to C9
² No
→ Go to C11
³ Don't know / can't remember
→ Go to C11

C9 Were you given enough information on induction before you were induced?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ Don't know / can't remember

C10 Were you involved in the decision to be induced?

- 10 ¹ Yes
0 ² No
-- ³ I did not want / need to be involved
-- ⁴ Don't know / can't remember

C11 Where did you give birth?

Please cross X in one box only.

- 1 On a bed
2 On the floor
3 In water / a birthing pool
4 Other

C12 What position were you in when your baby was born?

Please cross X in one box only.

- 1 Sitting / sitting supported by pillows
2 On my side
3 Standing, squatting or kneeling
4 Lying flat / lying supported by pillows
5 Lying with legs in stirrups
6 Other

C13 Did you have skin to skin contact (*baby naked, directly on your chest or tummy*) with your baby shortly after the birth?

- 10 ¹ Yes
0 ² No
-- ³ No, but this was not possible for medical reasons
-- ⁴ I did not want skin to skin contact with my baby

C14 If your partner or someone else close to you was involved in your care during labour and birth, were they able to be involved as much as they wanted?

- 10 ¹ Yes
0 ² No
-- ³ They did not want to / could not be involved
-- ⁴ I did not want them to be involved
-- ⁵ I did not have a partner / companion with me

C15 Were there any coronavirus restrictions in place that affected how involved your partner, or someone else close to you, could be?

- 1 Yes
2 No
3 Don't know / can't remember

The staff caring for you

C16 Did the staff treating and examining you introduce themselves?

- 10 ¹ Yes, all of the staff introduced themselves
5 ² Some of the staff introduced themselves
0 ³ Very few / none of the staff introduced themselves
-- ⁴ Don't know / can't remember

C17 Had any of the midwives who cared for you been involved in your antenatal care?

- 1 Yes
2 No
3 Don't know / can't remember

C18 Were you (and / or your partner or a companion) left alone by midwives or doctors at a time when it worried you?

Please cross X in all the boxes that apply to you.

- 0 ¹ Yes, during early labour
0 ² Yes, during the later stages of labour
0 ³ Yes, during the birth
0 ⁴ Yes, shortly after the birth
10 ⁵ No, not at all

C19 If you raised a concern during labour and birth, did you feel that it was taken seriously?

- 10 ¹ Yes
0 ² No
-- ³ I did not raise any concerns

C20 During labour and birth, were you able to get a member of staff to help you when you needed it?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
10 ⁴ A member of staff was with me all the time
-- ⁵ I did not want / need this
-- ⁶ Don't know / can't remember

C21 Thinking about your care during labour and birth, were you spoken to in a way you could understand?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ Don't know / can't remember

C22 Thinking about your care during labour and birth, were you involved in decisions about your care?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ I did not want / need to be involved
-- ⁵ Don't know / can't remember

C23 Thinking about your care during labour and birth, were you treated with respect and dignity?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ Don't know / can't remember

C24 Did you have confidence and trust in the staff caring for you during your labour and birth?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ Don't know / can't remember

C25 After your baby was born, did you have the opportunity to ask questions about your labour and the birth?

- 10 ¹ Yes, completely
5 ² Yes, to some extent
0 ³ No
-- ⁴ I did not want / need this
-- ⁵ Don't know / can't remember

Home births

C26 Did you have a home birth?

- ¹ Yes
→ Go to C27
² No
→ Go to D1

C27 Did you require hospital care immediately after your home birth?

- ¹ Yes
→ Go to D1
² No
→ Go to E1

CARE IN THE WARD AFTER BIRTH (POSTNATAL CARE)

D1 How long did you stay in hospital after your baby was born?

- 1 Up to 12 hours
2 More than 12 hours but less than 24 hours
3 1 to 2 days
4 3 to 4 days
5 5 or more days

D2 On the day you left hospital, was your discharge delayed for any reason?

- 0 ¹ Yes
→ Go to D3
10 ² No
→ Go to D4

D3 What was the main reason for the delay?

Please cross X in one box only.

- 1 I had to wait for **medicines**
2 I had to wait to **see the midwife**
3 I had to wait to **see the doctor**
4 I had to wait for **test results**
5 I had to wait for **a check to be done on my baby**
6 Something else
7 I was **not told the reason**
8 Can't remember

D4 If you needed attention while you were in hospital after the birth, were you able to get a member of staff to help you when you needed it?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ I did not want / need this
-- ⁵ Don't know / can't remember

D5 Thinking about the care you received in hospital after the birth of your baby, were you given the information or explanations you needed?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ Don't know / can't remember

D6 Thinking about the care you received in hospital after the birth of your baby, were you treated with kindness and understanding?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ Don't know / can't remember

D7 Thinking about your stay in hospital, if your partner or someone else close to you was involved in your care, were they able to stay with you as much as you wanted?

Please cross X in all the boxes that apply to you.

- 10 ¹ Yes
0 ² No, as they were restricted to visiting hours
0 ³ No, as there was no accommodation for them on the maternity ward
-- ⁴ No, they were not able to stay due to coronavirus restrictions
-- ⁵ No, they were not able to stay for another reason
-- ⁶ I did not have a partner / companion with me

D8 Thinking about your stay in hospital, how clean was the hospital room or ward you were in?

- 10 ¹ Very clean
6.7 ² Fairly clean
3.3 ³ Not very clean
0 ⁴ Not at all clean
-- ⁵ Don't know / can't remember

FEEDING YOUR BABY

This section covers any advice or support given after the birth; this could be on the ward or at home.

E1 In the first few days after the birth how was your baby fed?

Please cross X in one box only.

- 1 Breast milk (or expressed breast milk) only
- 2 Both breast and formula (bottle) milk
- 3 Formula (bottle) milk only
- 4 Don't know / can't remember

E2 Were your decisions about how you wanted to feed your baby respected by midwives?

- 10 Yes, always
- 5 Yes, sometimes
- 0 No
- Don't know / can't remember

E3 Did you feel that midwives and other health professionals gave you active support and encouragement about feeding your baby?

- 10 Yes, always
- 5 Yes, sometimes
- 0 No
- I did not want / need this
- Don't know / can't remember

CARE AFTER BIRTH

F1 Were you given a choice about where your postnatal care would take place?

Postnatal care is any contact with a midwife or other health professional after leaving hospital.

- 10 Yes
- 0 No
- Don't know / can't remember

F2 When you were at home after the birth of your baby, did you have a phone number for a midwifery or health visiting team that you could contact?

- 10 Yes
- 0 No
- Don't know / can't remember

F3 If you contacted a midwifery or health visiting team, were you given the help you needed?

- 10 Yes, always
- 5 Yes, sometimes
- 0 No
- I did not contact a midwifery or health visiting team

F4 Since your baby's birth have you been visited at home by a midwife?

- 1 Yes
→ Go to F5
- 2 Yes, but I had to contact them to ask them to visit
→ Go to F5
- 3 No, I visited the midwife / saw a midwife in clinic
→ Go to F5
- 4 No, but I have had a phone / video call
→ Go to F5
- 5 No, I was not offered a visit
→ Go to F11
- 6 No, I was visiting or staying near my baby in a neonatal unit (NNU, NICU, SCBU)
→ Go to F11
- 7 No, for another reason
→ Go to F11

F5 Did you see or speak to the same midwife every time?

- 1 Yes
- 2 No
- 3 Don't know / can't remember

Thinking about all the times you were visited at home by a midwife, seen in a clinic by a midwife, or had a phone or video call with a midwife after the birth...

F6 Would you have liked to have seen or spoken to a midwife...

- 0 ¹ More often
0 ² Less often
10 ³ I saw or spoke to a midwife as much as I wanted

F7 Did the midwife or midwifery team that you saw or spoke to appear to be aware of the medical history of you and your baby?

- 10 ¹ Yes
0 ² No
-- ³ Don't know / can't remember

F8 Did you feel that the midwife or midwifery team that you saw or spoke to always listened to you?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ Don't know / can't remember

F9 Did the midwife or midwifery team that you saw or spoke to take your personal circumstances into account when giving you advice?

- 10 ¹ Yes, always
5 ² Yes, sometimes
0 ³ No
-- ⁴ Don't know / can't remember

F10 Did you have confidence and trust in the midwife or midwifery team you saw or spoke to after going home?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ Don't know / can't remember

F11 Had any midwives who cared for you postnatally also been involved in your labour and antenatal care?

- 1 Yes, my labour and antenatal care
2 My antenatal care only
3 My labour only
4 No
5 Don't know / can't remember

F12 Did a midwife or health visitor ask you about your mental health?

- 10 ¹ Yes
0 ² No
-- ³ Don't know / can't remember

F13 Were you given information about any changes you might experience to your mental health after having your baby?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ Don't know / can't remember

F14 Were you told who you could contact if you needed advice about any changes you might experience to your mental health after the birth?

- 10 ¹ Yes
0 ² No
-- ³ Don't know / can't remember

F15 Were you given information about your own physical recovery after the birth?

- 10 ¹ Yes, definitely
5 ² Yes, to some extent
0 ³ No
-- ⁴ No, but I did not need this information
-- ⁵ Don't know / can't remember

F16 In the six weeks after the birth of your baby did you receive help and advice from a midwife or health visitor about feeding your baby?

- 10 Yes, definitely
5 Yes, to some extent
0 No
-- I did not need any
-- Don't know / can't remember

F17 If, during evenings, nights or weekends, you needed support or advice about feeding your baby, were you able to get this?

- 10 Yes, always
5 Yes, sometimes
0 No
-- I did not need this
-- Don't know / can't remember

F18 In the six weeks after the birth of your baby did you receive help and advice from health professionals about your baby's health and progress?

- 10 Yes, definitely
5 Yes, to some extent
0 No
-- I did not need any
-- Don't know / can't remember

F19 After the birth of your baby, how did your check-ups with the midwife or midwifery team take place?

Please cross X in all the boxes that apply to you.

- 1 Face-to-face
2 By phone
3 By video call
4 Don't know / can't remember

F20 At the postnatal check-up (around 6-8 weeks after the birth), did the GP spend enough time talking to you about your own physical health?

- 1 Yes, definitely
2 Yes, to some extent
3 No
4 I have not had a postnatal check-up
5 Don't know / can't remember

F21 At the postnatal check-up (around 6-8 weeks after the birth), did the GP spend enough time talking to you about your own mental health?

- 1 Yes, definitely
2 Yes, to some extent
3 No
4 I have not had a postnatal check-up
5 Don't know / can't remember

YOU AND YOUR HOUSEHOLD

Please complete as many of these questions as you can. Your answers will help us to describe those taking part in the survey and to find out whether maternity care is the same regardless of their background or circumstances.

G1 In what year were you born?

Please write in e.g.

1	9	9	4
---	---	---	---

--	--	--	--

G2 Have you had a previous pregnancy?

- 1 Yes
→ Go to G3
2 No
→ Go to G4

G3 How many babies have you given birth to before this pregnancy?

- 1 None
- 2 1 or 2
- 3 3 or more

G4 Do you have any of the following physical or mental health conditions, disabilities or illnesses that have lasted or are expected to last 12 months or more?

Please cross X in all the boxes that apply to you.

- 1 Autism or autism spectrum condition
- 2 Breathing problem, such as asthma
- 3 Blindness or partial sight
- 4 Cancer in the last 5 years
- 5 Dementia or Alzheimer's disease
- 6 Deafness or hearing loss
- 7 Diabetes
- 8 Heart problem, such as angina
- 9 Joint problem, such as arthritis
- 10 Kidney or liver disease
- 11 Learning disability
- 12 Mental health condition
- 13 Neurological condition
- 14 Stroke (which affects your day-to-day life)
- 15 Another long-term condition
- 16 None of the above
- 17 I would prefer not to say

→ Go to G6

→ Go to G6

G5 Do any of these conditions reduce your ability to carry out day-to-day activities?

- 1 Yes, a lot
- 2 Yes, a little
- 3 No, not at all

G6 What is your religion?

- 1 No religion
- 2 Buddhist
- 3 Christian (including Church of England, Catholic, Protestant, and other Christian denominations)
- 4 Hindu
- 5 Jewish
- 6 Muslim
- 7 Sikh
- 8 Other
- 9 I would prefer not to say

G7 Which of the following best describes how you think of yourself?

- 1 Heterosexual / straight
- 2 Gay / lesbian
- 3 Bisexual
- 4 Other
- 5 I would prefer not to say

The following question asks about your gender. Your answer will help us understand whether maternity care experiences vary between different groups of the population. Your answer will be kept confidential and not linked to your medical records.

G8 Is your gender the same as the sex you were registered as at birth?

- 1 Yes
- 2 No, please write your gender below
- 3 I would prefer not to say

G9 What is your ethnic group?

Please cross X in ONE box only.

a. WHITE

- 1 English / Welsh / Scottish / Northern Irish / British
- 2 Irish
- 3 Gypsy or Irish Traveller
- 4 Any other White background, **please write in**

b. MIXED / MULTIPLE ETHNIC GROUPS

- 5 White and Black Caribbean
- 6 White and Black African
- 7 White and Asian
- 8 Any other Mixed / multiple ethnic background, **please write in**

c. ASIAN / ASIAN BRITISH

- 9 Indian
- 10 Pakistani
- 11 Bangladeshi
- 12 Chinese
- 13 Any other Asian background, **please write in**

d. BLACK / AFRICAN / CARIBBEAN / BLACK BRITISH

- 14 African
- 15 Caribbean
- 16 Any other Black / African / Caribbean background, **please write in**

e. OTHER ETHNIC GROUP

- 17 Arab
- 18 Any other ethnic group, **please write in**

- 19 I would prefer not to say

OTHER COMMENTS

If there is anything else you would like to tell us about your maternity care, please do so here.

Please note that the comments you provide will be looked at in full by the NHS Trust, Care Quality Commission and researchers analysing the data. We will remove any information that could identify you before publishing any of your feedback.

THANK YOU VERY MUCH FOR YOUR HELP.

Please check that you answered all the questions that apply to you. Please post this questionnaire back in the **FREEPOST** envelope provided. No stamp is needed.

If you have concerns about the care you or others have received, please contact Care Quality Commission on **03000 61 61 61**.

Sources of support

If the survey raises issues or questions of concern, you may wish to contact your GP or Health Visitor.

If you'd like to be involved in improvement to maternity services in your local area, you can find more information at www.nationalmaternityvoices.org.uk